



TANROAGAN
SEAFOOD RESTAURANT DOUGLAS I.O.M

OLIVES bowl of mixed olives 3.00 / BREAD assortment of homemade bread 3.25
First basket of homemade bread complimentary

— STARTERS —

FISH SOUP 6.95

Classic fish soup made with fresh fennel, saffron & wine

SOUP OF THE DAY 5.95

See our blackboard for chefs soup of the day (v)

ASPARAGUS SALAD 7.95

English asparagus salad with spiced Close Leece Farm egg and mushroom with miso dressing (gf, v, df)

CRAB TOASTIES 8.50

Niarbyl Bay crab meat w/ mayo, cream cheese & soy sauce oven baked on toasted ciabatta

MANX QUEENIE PANCAKE 9.25

Herby pancake filled with Manx Queenies, crispy bacon lardons & creamy white wine sauce,
oven baked with Manx Cheddar

ASSIETTE 8.95

Mini traditional prawn cocktail, Manx kipper pate with seaweed scone,
Locally smoked haddock & chive croquette, tartare sauce

PORK BELLY 7.50

Warm barbecued sweet soy belly pork, pineapple & kaffir lime salad (gf, df)

— MAINS —

TANROAGAN SEAFOOD GRATIN 17.95

Manx seafood & smoked fish, white wine sauce, topped with breadcrumbs & Manx vintage cheddar (gf*)

PAN FRIED HAKE FILLET 18.95

Bacon, hazelnuts & leeks, warm shallot, mustard and garlic dressing
Choice of hand cut chips or new potatoes (gf*, df)

WHOLE ROASTED SEABASS 19.95

Spanish style roasted Seabass, broad beans, chorizo, peas, white wine & lemon, roasted new potatoes (gf, df)

SIRLOIN STEAK 19.95

250gm Manx Sirloin, Jack Daniel's bourbon sauce, hand cut chips (gf, df)

BATTERED HALLOUMI 16.00

Minted mushy peas, vodka baked cherry tomatoes, hand cut chips (v, gf*)

BATTERED FILLET OF SEABASS & CHIPS 15.50

Homemade battered Seabass Fillet, with fresh lemon, tartare sauce (df)

TANROAGAN FISH FINGERS & CHIPS (4) 16.50

Homemade battered fish fingers, with fresh lemon, tartare sauce (df)
50p will be donated to our supported charities from each portion of fish fingers sold,
Hospice Isle of Man & The RNLI.

— SIDES —

Thick Cut Chips 3.50 / Buttery Potatoes 3.50 / Medley of Seasonal Vegetables 3.50
Mushy Peas 2.25 / Vine Tomato & Leaf Salad 3.75 / Extra basket of Homemade Bread 3.25

v = vegetarian df = dairy free gf = gluten free v*/gf*/df* = can be adjusted on request.

Food Allergens/Dietary Requirements – Please inform your waiter when ordering.

Sorry we do not accept American Express.

Gratuities at your discretion, shared equally to all staff.