



SEAFOOD RESTAURANT DOUGLAS

LUNCH MENU

nibbles

OLIVES bowl of mixed olives 3.00 / BREAD assortment of homemade bread 3.25

starters

FISH SOUP 6.95

Classic fish soup made with fresh fennel, saffron & wine

ASPARAGUS SALAD 7.95

Local asparagus salad with spiced Close Leece Farm egg and mushroom with miso dressing (gf, v, df)

CRAB TOASTIES 8.50

Niarbyl Bay crab meat w/ mayo, cream cheese & soy sauce oven baked on toasted ciabatta

MANX QUEENIE PANCAKE 9.25

Herby pancake filled with Manx Queenies, crispy bacon lardons & creamy white wine sauce, oven baked with Manx Cheddar

ASSIETTE 8.95

Mini traditional prawn cocktail, Manx kipper pate with seaweed scone,
Locally smoked haddock & chive croquette, tartare sauce

PORK BELLY 7.50

Warm barbecued sweet soy belly pork, pineapple & kaffir lime salad (gf, df)

main courses

TANROAGAN SEAFOOD GRATIN 13.95

Manx seafood & smoked fish, white wine sauce, topped with breadcrumbs & Manx vintage cheddar (gf*)

PAN FRIED HAKE FILLET 18.95

Bacon, hazelnuts & leeks, warm shallot, mustard and garlic dressing

Choice of hand cut chips or new potatoes (gf*, df)

WHOLE ROASTED SEABASS 19.95

Spanish style roasted Seabass, broad beans, chorizo, peas, white wine & lemon, roasted new potatoes (gf, df)

SIRLOIN STEAK 19.95

250gm Manx Sirloin, Jack Daniel's bourbon sauce, hand cut chips (gf, df)

BATTERED HALLOUMI 16.00

Minted mushy peas, vodka baked cherry tomatoes, hand cut chips (v, gf*)

BATTERED FILLET OF SEABASS & CHIPS 15.50

Battered fillet of seabass with chips, wedge of lemon & homemade tartare sauce

TANROAGAN FISH FINGERS (3) & CHIPS 13.50

Battered fillets of fish with chips, wedge of lemon & homemade tartare sauce
50p from every dish sold will be donated to our supported charities, Hospice Isle of Man & The RNLI

sides (v)

Thick Cut Chips 3.50 / Buttery Potatoes 3.50 / Seasonal Vegetables 3.50

Mushy Peas 2.25 / Vine Tomato & Leaf Salad 3.75 / Assortment of Homemade Bread 3.25

v = vegetarian df = dairy free gf = gluten free v*/gf*/df* = can be adjusted on request.

Food Allergens/Dietary Requirements – Please inform your waiter when ordering.

Sorry we do not accept American Express.

Gratuities at your discretion, shared equally to all staff.